

Festivals at Sea
Cruise Programs Onboard
Carnival Cruise Line – ms Ecstasy

*****Passport Required*****

Sample itinerary – 5 night performance cruise to Cozumel, Mexico & Progreso,
Yucatan

Saturday/Monday

- 12:30pm Arrive at the Port of Galveston and meet your Performing Arts Consultants onboard representative.
Boarding begins for the Ecstasy – Welcome Aboard! Buffet lunch is served in the Panorama Bar & Grill (Lido Deck).
- 1:30pm Bon Voyage Party starts on Lido Deck, featuring live calypso music.
- 3:30pm Welcome Aboard meeting with your fellow performing groups, judges, and the staff of Festivals at Sea.
- 4:00pm Mandatory Passenger Lifeboat Drill!
- 4:30pm The Ecstasy sets sail for Cozumel, Mexico.
- 5:45pm Dinner is served in either the Wind Song Dining Room or the Wind Star Dining Room. Check your "Sail 'n Sign" card for your dining assignment.
- 7:00pm All galleria shops open. Enjoy live Dixieland Jazz music on the Promenade Deck.
- 9:00pm Time to enjoy all of the ship's amenities, including live bands, dancing, karaoke, high-tech and virtual reality games, and teen activities.
- 8:15pm Karaoke in the Chinatown or enjoy high-tech virtual reality games in the arcade.
- 10:30pm Welcome Aboard Show in the Blue Sapphire Lounge.
- 11:30pm Late Night Western Buffet on Lido Deck.

Sunday/Tuesday

- Carnival Fun Day at Sea
- 7:30am Buffet breakfast served on the Lido Deck or in your dining room.
- 8:30am Onboard aerobics.
- 9:00am All duty free shops open.
- 12:00pm Express Luncheon at the Panorama Bar & Grill. Open Seating lunch in the Wind Song dining room.
- 2:30pm Pool games begin on the Lido Deck Stage.
- 3:30pm Ice cream and sweets served at Panorama Bar and Grill.
- 5:00pm "Captain's Party" in the Blue Sapphire Lounge. Your chance to meet the Captain, enjoy soft drinks and hors d'oeuvres, while listening and dancing to Big Band music.
- 5:45pm Dinner in your assigned dining room. The theme is "Italian" and the dress is formal.
- 8:45pm The Variety Show in Blue Sapphire Lounge.
- 10:00pm Hot dance music in the Stripes Dance Club.
- 9:00pm Karaoke in the Chinatown Lounge.
- 12:00am Midnight Comedy Special – Starlight Lounge.
- 12:30am Grand Gala midnight Buffet.

Monday/Wednesday

6:30am	Continental breakfast served on the Lido Deck.
7:00am	Nautica Spa opens on the Sports Deck.
7:30am	Breakfast in your dining room
8:00am	Swimming pools open until 8pm
9:00am	Approximate arrival in Cozumel, Mexico. Sitting off the gorgeous Yucatan coast, Cozumel revels in its mythic white-sand beaches and world-class coral reefs. It is also the last stronghold of the Mayas, who settled the island in 300AD.
10:30am	Silver Screen Quiz in "Curiosity" library. Information on shopping ashore in the Blue Sapphire Lounge.
11:30am	Sun Lovers Buffet Lunch and Salad Bar in the Panorama Bar & Grill. Open Seating lunch in the Wind Song dining room.
12:45pm	Scavenger Hunt on Lido Deck Stage.
5:45pm	Main sitting Gala Dinner is served in your dining room.
10:00pm	Karaoke in the Chinatown Lounge.
11:00pm	All passengers back onboard ship!
11:30pm	Late-night buffet on the Lido Deck.
12:00am	The ms Ecstasy departs Cozumel, Mexico.

Tuesday/Thursday

	A seaside retreat located just 40 kilometers north of Merida along the Gulf Coast of Mexico, Progreso is quickly becoming an important gateway for cruise ship guests. Founded in 1872 by Juan Miguel Castro and heavily influenced by the Mayan culture, Progreso enjoys a very simple and relaxed lifestyle. Its white-sand beaches, emerald green waters and cooling gulf breezes are a natural draw for vacationers from all over the world.
6:30am	Continental breakfast served on the Lido Deck. Nautica Spa opens on the Sports Deck.
7:30am	Breakfast in your dining room.
8:00am	Swimming pools open until 8pm.
9:00am	The ms Ecstasy Arrives in Progreso, Yucatan.
10:30am	Silver Screen Quiz in "Curiosity" library. Information on shopping ashore in the Blue Sapphire Lounge.
11:30am	Sun Lovers Buffet Lunch and Salad Bar in the Panorama Bar & Grill. Open Seating lunch in the Wind Song dining room.
12:45pm	Scavenger Hunt on Lido Deck Stage.
3:00pm	All passengers back onboard ship!
4:00pm	The ms Ecstasy departs Progreso Yucatan.
5:45pm	Main sitting dinner is served in your dining room.
10:00pm	Karaoke in the Chinatown Lounge.
11:30pm	Late night buffet on the Lido Deck.

Wednesday/Friday

6:30am	Continental breakfast on the Lido Deck.
7:00am	Spa and Gym opens on Sports Deck.
7:45am	Breakfast in your dining room or buffet on the Lido Deck.
9:00am	Step Class in the Aerobics Studio.
10:00am	Crazy morning TV trivia in the Blue Sapphire Lounge.

Wednesday/Friday con't

- 7:00am The ms Ecstasy Arrives in Calica, Mexico.
- 11:00am Debarkation Talk in the Blue Sapphire Lounge. Eat more weigh less seminar in the Aerobic Studio.
- 12:00pm Lunch buffet in the Panorama Bar & Grill. Open seating lunch in the Wind Song Dining Room.
- 12:15pm Talent Show sign-ups at Shore Tours desk on Empress Deck.
- 1:00pm Ice carving on Lido Deck Stage.
Volleyball Tournament on Sun Deck.
- 1:20pm Crazy Pool games on Lido Deck Stage.
- 3:30pm Galley Tour at Wind Star dining room. Hairy Chest Contest on Lido Deck Stage. Trivia Quiz "All About Sports" in "Curiosity". Sweet Treats and ice cream in the Panorama Bar and Grill.
- 5:45pm Dinner in your assigned dining room. This is the "American" dinner and the dress is elegant casual.
- 8:00pm Karaoke Sing-A-Long, Chinatown Lounge.
- 10:00pm Stripes Dance Club opens. Classic Rock and Variety Dance Music in Chinatown.
- 10:30pm Passenger Talent Show in the Blue Sapphire Lounge.
- 12:00am Teens get together in Spirals Teen Disco.
Pasta buffet – enjoy a late night snack in the Wind Star dining room.

Thursday/Saturday

- 6:15am Breakfast in your dining room or on the Lido Deck.
- 8:00am Ship arrives in Port of Galveston, TX.
- 9:30am Disembark the ms Ecstasy and proceed through the luggage terminal, and customs. Board your motor coaches for the airport or for home.