

Festivals at Sea
Cruise Programs Onboard
Carnival Cruise Line – ms Inspiration

**Sample itinerary – 5 night performance cruise to Grand Cayman & Cozumel,
Mexico**

*****PASSPORT REQUIRED*****

Saturday/Monday

- 12:30pm Arrive at the Port of Tampa and meet your Performing Arts Consultants onboard representative.
Boarding begins for the Inspiration – Welcome Aboard! Buffet lunch is served in the Brasserie Bar & Grill (Lido Deck).
- 1:30pm Bon Voyage Party starts on Lido Deck, featuring live calypso music.
- 3:00pm Welcome Aboard meeting with your fellow performing groups, judges and the staff of Festivals at Sea.
- 3:30pm Mandatory Passenger Lifeboat Drill!
- 4:00pm The Inspiration sets sail for Grand Cayman.
- 5:45pm Dinner is served in either the Carnivale Dining Room or the Mardi Gras Dining Room. Check your "Sail 'n Sign" card for your dining assignment.
- 7:00pm All galleria shops open. Enjoy live Dixieland Jazz music on the Promenade Deck.
- 9:00pm Time to enjoy all of the ship's amenities, including live bands, dancing, karaoke, high-tech and virtual reality games, and teen activities.
- 10:30pm Welcome Aboard Show in the Paris Lounge.
- 11:30am Late Night Western Buffet on Lido Deck.

Sunday/Tuesday

- Carnival's Fun Day at Sea
- 7:30am Buffet breakfast served on the Lido Deck or in your dining room.
- 8:30am Onboard aerobics.
- 9:00am All duty free shops open.
- 12:00pm Express Luncheon at the Brasserie Bar & Grill. Open. Seating lunch in the Carnivale dining room.
- 2:30pm Pool games begin on the Lido Deck Stage.
- 3:30pm Ice cream and sweets served at Brasserie Bar and Grill.
- 5:00pm "Captain's Party" in the Paris Lounge. Your chance to meet the Captain, enjoy soft drinks and hors d'oeuvres, while listening and dancing to Big Band music.
- 5:45pm Dinner in your assigned dining room. The theme is "Italian" and the dress is formal.
- 8:45pm The Variety Show in Paris Lounge.
- 10:00pm Hot dance music in the Rock and Roll Dance Club.
- 12:30pm Grand Gala midnight Buffet.

Monday/Wednesday

- 6:30am Continental breakfast served on the Lido Deck
- 7:00am Approximate arrival in Grand Cayman. Enjoy the famous Seven Mile Beach, water sports, and of course...shopping.

Monday/Wednesday (cont'd.)

	Nautica Spa opens on the Sports Deck.
7:30am	Breakfast in your dining room.
8:00am	Swimming pools open until 8pm.
11:30am	Sun Lovers Buffet Lunch and Salad Bar in the Brasserie Bar & Grill. Open Seating lunch in the Carnivale dining room.
12:45pm	Scavenger Hunt on Lido Deck Stage.
2:00pm	All passengers must return back onboard ship!
3:00pm	Depart Grand Cayman for Cozumel, Mexico.
5:45pm	Main sitting Gala Dinner is served in your dining room.
10:00pm	Karaoke in the Avant-Garde Lounge.
11:30pm	Late night buffet on the Lido Deck.

Tuesday/Thursday

6:30am	Continental breakfast served on the Lido Deck.
7:00am	Nautica Spa opens on the Sports Deck.
7:30am	Breakfast in your dining room.
8:00am	Swimming pools open until 8pm.
9:30am	Arrival in Cozumel, Mexico. Long before Cancun became a popular destination, Cozumel was well-known as a diving spot and home to the world famous Palancar Reef, which gives divers the opportunity to view thousands of brilliantly colored fish. Non-divers can kick back on a sun drenched beach, or enjoy any number of seaside activities, such as shopping in colorful marketplaces or dining in an open air café.
11:30am	Sun Lovers Buffet Lunch and Salad Bar in the Brasserie Bar & Grill. Open Seating lunch in the Carnivale dining room.
5:45pm	Main sitting Gala Dinner is served in your dining room.
9:00pm	All passengers back onboard ship!
10:00pm	Depart Cozumel, Mexico for a fun filled day at sea. Karaoke in the Avant-Garde Lounge.
11:30pm	Late night buffet on the Lido Deck.

Wednesday/Friday

	Carnival's Fun Day at Sea
6:30am	Continental breakfast on the Lido Deck.
7:00am	Spa and Gym opens on Sports Deck.
7:45am	Breakfast in your dining room or buffet on the Lido Deck.
9:00am	Step Class in the Aerobics Studio.
10:00am	Crazy morning TV trivia in the Paris Lounge.
11:00am	Debarkation Talk in the Paris Lounge. Eat more weigh less seminar in the Aerobic Studio. Calypso music on Lido Deck.
12:00pm	Lunch buffet in the Brasserie Bar & Grill. Open seating lunch in the Carnivale Dining Room.
12:15pm	Talent Show sign-ups at Shore Tours desk on Empress Deck.
1:00pm	Ice carving on Lido Deck Stage. Volleyball Tournament on Sun Deck.
1:20pm	Crazy Pool games on Lido Deck Stage.
3:30pm	Galley Tour at Mardi Gras dining room. Hairy Chest Contest on Lido Deck Stage. Trivia Quiz "All About Sports" in "Shakespeare". Sweet Treats and ice cream in the Brasserie Bar and Grill.
5:45pm	Dinner in your assigned dining room. This is the "American" dinner and the dress is elegant casual.

Wednesday/Friday (cont'd.)

- 8:00pm Karaoke Sing-A-Long, Avant-Garde Lounge.
- 8:30pm Showtime – Enjoy the professional entertainment onboard.
- 10:00pm Rock and Roll Dance Club opens. Classic Rock and Variety Dance Music in Avant-Garde.
- 12:00am Pasta buffet – enjoy a late night snack in the Mardi Gras dining room.

Thursday/Saturday

- 6:15am Breakfast in your dining room or on the Lido Deck.
- 8:30am Ship arrives in Port of Tampa, FL.
- 9:30am Disembark the ms Inspiration and proceed through the luggage terminal and customs. Board your motorcoaches for the airport or depart for home.